YOUR WORK VALUES

Your work values are those qualities or characteristics in a work situation that really matter to you. They play a large part in determining which types of work you find the most satisfying. Taking a close look at your values can help you to identify the kinds of jobs that would be the most satisfying and rewarding for you.

How important is each of the values to you? Check $(\sqrt{})$ the

VI column if the value is very important to you,

I column if it is important to you,

NS column if you are not sure, or

Column if it is unimportant to you.

How important are each of these values to you?	VI	I	NS	U
Security - being assured of a job and receiving a reasonable rate of pay.				
Variety - having work responsibilities that change frequently.				
Independence - working with little direction and supervision from others.				
Competition - pitting your skills and abilities against others for the purpose of winning.				
Time freedom - being able to schedule you own work and not have rigid working hours.				
Status - working in a position which leads others to respect you.				***************************************
Money - earning a large amount of money or gaining material things.				
Creativity - thinking up new ideas, programs or ways of doing things.				
Decision-making - being in a position to decide how things should be done.				
Recognition - receiving visible or public recognition/appreciation for your work.				

Source: Alberta Advanced Education and Career Development

How important are each of these values to you?	VI	I	NS	U
Contact with people - having daily contact with the public.				
Helping society - doing something that is worthwhile or of benefit to society as a whole.				
Being expert - being known as someone who has special knowledge of skills in a particular field.				
Helping others - helping people, either individually or in groups.				
Belonging - being a part of a well-known organization.				
Working alone - doing things on your own, without much contact with other people.				
Power - having the authority to direct and influence others.				
Precise work - doing work that requires exactness or a high degree of accuracy.				
Excitement - doing work that has a high degree of excitement.				
Stability - having work responsibilities that follow a routine and are predictable.				

Which values have you marked as being very important (VI) to you? If you could have just one of those values in your work, which one would it be? Put a #1 beside your choice. Then put #2 beside your second most important value, a #3 beside your third most important value, and so on.

Considering the choices you have made, what charjobs?	racteristics should you be looking for in future
1	2.
3.	4

Consider whether you will find these characteristics in your chosen career field(s).